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**To All Surgical Patients:**

You will need to obtain medical clearance for surgery from your primary care practitioner or internist before receiving surgical services at Vernon Square Surgicenter. You will need to contact your physician to schedule appointment – but the visit cannot be more than thirty (30) days prior to your surgery. Please keep in mind your physician may require labs or other tests be completed before he/she can clear you for surgery and certain medical conditions may require additional clearance from a specialist (e.g. cardiologist, pulmonologist). Please be certain when scheduling your appointment to allow enough time for those tests to be completed and the results received and reviewed.

## Please give the attached letter and form to your physician to complete on your behalf. The medical clearance (including any results from lab test, EKG, x-ray etc.) should be faxed by your doctor to our office at (847)367-5782 no later than one (1) week prior to your scheduled surgery. You may wish to verify that your clearance has been received and can do so by calling us at (847) 367-8764. If we must cancel your surgery less than 48 hours prior to your scheduled start time due to your failure in completing the required visit or tests, you may be charged a facility fee (of between $360.00 - $750.00).

## Pre-Operative Instructions –

## *These are the basic instructions for all patients, but you should confirm with your physician that these instructions are correct for you.*

1. You must **stop** all aspirin products (including Bufferin, Anacin, and Ecotrin) **10 days** prior to surgery.
2. You must **stop** all anti-inflammatory drugs (Motrin, Advil, Ibuprofen, Aleve, Naproxen, Relafen Voltaren, Celebrex, Mobic, *etc.*) **2 days** prior to surgery. You may take Tylenol for pain.
3. If you are taking any herbal supplements you should stop taking them **three weeks** prior to surgery, since some may contain stimulants or other ingredients that interfere with anesthesia. You can continue to take regular strength multi-vitamins.
4. Contact our office immediately should you develop any medical problems before your surgery, *i.e.,* sore throat, colds, fevers, infections, skin eruptions, or other changes in your medical status.

A member of our clinical staff will call you 48 to 72 hours prior to surgery to ask a few questions, clarify your pre-operative instructions, answer your questions and make sure you feel comfortable about your upcoming visit. You will receive another call the day before your surgery letting you know what time to arrive on the day of surgery. If you have any questions or concerns at any time please feel free to contact us at (847)367-8764.

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**To All Primary Care Providers:**

Attached is a request for a Medical Clearance for Surgery for your patient. A history and physical, completed within 30 days of surgery, along with a **statement from you that the patient is cleared for surgery** is required in order for the surgery to be performed. These forms, and any labs/test results from tests you ordered and deemed necessary, must be received in this office at least one (1) week prior to surgery. Without them surgery will not be performed. You may mail, fax (preferred method) or e-mail the forms and test results to:

**Mail:** Vernon Square Surgicenter **Fax:**  **(847) 367-5782**

230 Center Drive **E-mail:** VSS@vernonsquaresurgicenter.com

Vernon Hills IL, 60061

Thank You for your time,

The Staff of Vernon Square Surgicenter